



Dear Parents, Carers and Children,

This year to raise money for Children in Need, Worthington Primary School are going to try to run the whole length of the island of Great Britain between two extremities; in the southwest (Lands End) and northeast (John O Groats)! The traditional distance by road is **874 miles (1,407 km)** and the record for running the route is nine days. Between us we are going to try and beat this and run further than the length of Great Britain in just one week!



During the week beginning 15.11.21 we are going to ask each Key Stage 2 child to complete the RunPudsey 5k Challenge. To run 5k in one week each child will need to run 25 laps of the running track. This will be completed in PE lessons and during their allocated Daily Mile slots. There are 243 children in KS2 so, taking into account absences, the children in KS2 should therefore cumulatively be able to run 1150km.



During the same week we are going to ask each Key Stage 1 child to complete the RunPudsey 2k Challenge. To run 5k in one week each child will need to run 10 laps of the running track. This will also be completed in PE lessons and during their allocated Daily Mile slots. There are 116 children in KS1 so taking into account absences, the children in KS1 should therefore be able to run 214km.

Finally there are 88 children in Nursery and Reception left to do the rest! If each child runs 5 laps and competes their own RunPudsey 1k Challenge, then this will amount to another 88km! Even if some of us don't quite manage it we should be able to do 50km between us!

Children with additional needs will have the option to reduce their distance and to support the cause in other ways e.g. counting laps, recording information, taking photographs, etc.

As a school we should therefore be able to run  $1150\text{km} + 214\text{km} + 50\text{km} = 1414\text{km}$  in one week! Further than the length of Great Britain!

## PLEASE SPONSOR YOUR CHILD USING THE LINK BELOW

<https://register.donr.com/runpudseyschools>

- ♦ Select Worthington Primary School from the drop down menu
- ♦ Register yourself and then your child
- ♦ Every young person who signs up will be given an online sponsorship page and unique text to donate code.
- ♦ **Every young person** who takes part will receive a sticker.
- ♦ Every individual young person who raises a minimum of £10 will receive an exclusive RunPudsey Medal directly from Children In Need. (These are different every year and great to collect).
- ♦ **The top 5 young fundraisers** in the country will receive a special gift from Pudsey.
- ♦ Finally, **the top 5 schools** in the country who raise the most will receive a visit from Pudsey Bear who will hand out in person all the young people's medals from that school!