



Worthington Primary School

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"We Only Reach for The Highest"

Friday 29th January 2021

Dear Parents/Carers and Children

Our Return to School

You will all be aware that the Government has now announced that schools in England will not reopen to all pupils until 8th March at the earliest. This is such a shame but we must follow this advice, which comes on the back of scientific evidence and data right now. There is a feeling that schools might not reopen to all classes at once, and I will inform you all as soon as I know any firm details.

Children's Mental Health Week: 1st – 7th February 2021

During the coming week, I want all the children (in fact, all of us) to consider what makes us happy. I think given these very difficult times, it might do us all good to focus on this for some while.

The theme of Children's Mental Health Week nationally is to 'Express Yourself' and with that in mind, as I announced in this morning's assembly, I would like all the children to create a piece of art (possibly based around the rainbow template attached to this letter) in the coming week and then email it back to me if at all possible. What makes you happy? What would you like to include? How could you show this?

At next Friday's assembly, you could all show your artwork! I know that many teachers will be sending you some art activities for the coming week, but if you do not get anything from your class teacher, then please use the template below if you would like. Of course, you could present your art work in any way you would like.

In addition, I want everyone to wear really bright coloured clothes on Friday 5th February. That is every child – whether they are in school or at home on that day. All the staff are going to do the same – perhaps the adults you live with would like to join in too! Wearing bright colours helps in lifting our spirits and on darker winter days, what better way to brighten the day!

The other thing I want everyone to try to do is take part in daily physical exercise – whether that is the yoga / Joe Wicks sessions or any other form of exercise – why not post a picture on your class Edmodo page?

Yours

Mr. C. Searle



